



# The DetoxGirls E-Book For Our Community

 *The Detox Girls*

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## FOREWORD

by Clayton Thomas:

This was written by Clayton and not Ai. We are the real intelligence!

"You can't look at solutions as a single silver bullet. Hence the Trinity and the siblings. Each product is intelligently designed by a nanotechnology bio-science engineering savant to synergistically work together with the body to reverse the aging process and allow the activation of the entire body to become more like-kind with our original creation.

We have been shrouded with toxicity for centuries. These toxins of all kinds: physical, spiritual, mental, emotional, and psychological are what burden us. They are all interconnected and manifest differently in each of us. A "system" was created to identify different symptoms of this collective toxicity and classify groups of symptoms as diagnosed "disease".

There is no disease or syndrome, there are only expressions of the toxicity. When the toxicity is removed (all kinds) and the body is given the tools, both energetic and physical, it remembers what it is supposed to do. You have to be willing to take the time to restore your body just as a hidden masterpiece is restored over time. The patina built up on a work of art is not washed away immediately. It is a delicate, passive intricate process to restore the work to its intended condition and function.

We are the greatest masterpiece, a divine work of art.

Welcome to your restoration!

Cherish the journey as you shed what has been holding on to You.

As a note. With over 150,000 customers and millions of products consumed, we have yet to have ANY negative outcomes. We have newborn babies and 85+-year-olds and every age in between on the products. Any perceived "response" is not due to the products "doing something" to you, it is your body doing something to improve and reboot.

The choice to pursue greatness is solely your own.

Yet, greatness is not for everyone even when it is easily attainable.

Choose greatness!

Mediocrity is something that goes unnoticed in society."

The Clayton Thomas





# WELCOME TO THE DETOX GIRLS AND ROOT COMMUNITY

**CONGRATULATIONS** on taking the first step towards transforming your well-being with **The Root Brands** and joining our vibrant community of like-minded individuals. We are thrilled to have you here as a new member of The **Detox Girls** community, and we want to extend our warmest welcome to you!

Embarking on this journey with us shows your commitment to improving your overall health, both inside and out. We commend you for making this decision and investing in yourself. Remember, self-care is not a luxury; it's a necessity, and you've taken a significant step in prioritizing your well-being.

The **Detox Girls** are proud to be partnered with The **Root Brands**, a trusted name in the industry, as well as the esteemed **Dr. Christina Rahm** (*SCIENTIFIC FORMULATOR*) and **Clayton Thomas** (*FOUNDER AND OWNER OF ROOT*). Together, we strive to provide you with the very best in nutraceuticals – natural alternatives that empower you to optimize your health and well-being.

This e-book was created to help support and guide you along your journey. We have included a comprehensive description of each product offered by The **Root Brands**, along with dosage suggestions collected from our community's experiences.

**\*Disclaimer** is at the end of this e-book and should be read and agreed to before making any changes to your journey. This valuable information will help provide the benefits and unique properties of each product, empowering you to make informed decisions for your journey. We believe in the power of natural solutions, and these nutraceuticals have been carefully crafted to support your journey toward reaching your highest potential.

Once again, we extend our warmest welcome to you, and we're excited to have you as a valued member of **The Detox Girls** community. Let's embark on this incredible journey together, unlocking our inner radiance and achieving the vibrant, healthy lives we deserve!

Wishing you health, happiness, and abundant growth

Jill & Shanna



## SOME RESULTS PHOTOS



**\*ROOT OUTCOME\*** 🍌 Using the drops after a month and 10 days.

🍌 Lady had a serious infection on her leg. At first she had liver problems, she was treated with antibiotics and because of that she had destroyed the intestinal flora and a poor immune system.

🍌 Due to a poor immune system, she got an infection in the spa that could not be resolved in any way, until she started using CS drops, as her body was recovered, there was an improvement, visible on the right side of the photo. CS drops are not a cure, they don't heal and they don't have a direct impact on the problem. They remove heavy metals and toxins from the body and when the body repairs the problem. I've posted this user experience before, but I'm posting it again because a lot of people have challenges with healing wounds and getting rid of infections. #root #cleanslate #detox Andrej thanks

3:04 AM

**Victoria Gaiger**  
Jun 27, 2021 · 📍  
Cleanslate...that wonder bottle of drops I have been using for my own detox of heavy metals. I have had such fantastic results all on the inside and outside.  
#cleanslate  
WE ALL NEED TO RESTORE OUR BODIES  
I decided to give it to my dogs both have issues but skylar has a cancer spot on his eye...the first pic is before cleanslate...2nd after a week or so, 3rd this morning and wow what a difference. The improvement is clear to see  
#DeeplyRooted





## WELLNESS TRACKER

We are excited to offer a **FREE WELLNESS TRACKER** for you to utilize in your wellness journey.

This **FREE TRACKER** can be used to track your symptoms, what you're using, and your progress. Just a reminder that healing is not linear and the ebb & flow of healing can be seen along the way!

In addition, this **HIPPA-compliant** tracker helps add to the overall data analytics in the patient registry so we can eventually change the entire healthcare system when they see the amazing outcomes!

The new and updated wellness tracker details can be found in The **Detox Girls education group, in guide 25**. If you can't locate it, please reach out to your sponsor.

To gain access to the tracker, send an email to

[Tyger@sciencenutritionsociety.com](mailto:Tyger@sciencenutritionsociety.com)

### Include your

- First & Last Name
- A Phone Number For Your 1-Minute And 20-Second Survey To Track Your Health
- Your Preferred Day/Time-Frame For Contact

**Be sure to let Tyger know that you're part of The Detox Girls community!**

**NOTE:** This **FREE** Wellness Tracker has been implemented and set up **EXCLUSIVELY** for the **DETOX GIRLS** Community.

## CLEAN SLATE

**Detox** is a delicate, individual process. With the word, **Detox**, being thrown around frivolously there are some key things to understand. True elimination is necessary to avoid redistribution and this is now in your hands!



**Everyone is toxic!** No matter how healthy you think you are, everyone is toxic because of the fallen world we live in. The heavy metals our body has been infiltrated with for generations are small antennas that activate the signaling for disease. These heavy metals feed the bacterial infections, viral infections, and mycotoxic burden of the body.

The body burden is particularly important when dealing with individual toxicity and in turn detoxing. Everyone is created special by the hand of God! Every cell behaves

differently. Everyone's genetic toxic download is different from the previous generations.

For instance, there are over 200 HEAVY METALS AND TOXINS FOUND IN THE UMBILICAL CORD OF BABIES AT BIRTH. The depth of the individual burden grows with each generation. That burden affects each cell differently until the toxic threshold is reached. When this individual threshold is reached, we start to see autoimmune disease. When lowering the threshold we start to see a removal of the autoimmune disease.

As you begin your true elimination detox with **Clean Slate** it is important to understand a few key factors because **Clean Slate** is set apart from other detox mechanisms.

**Clean Slate is potent.** The concentration of the ORTHO-SILICIC ACID is unique to **Clean Slate** because of the incredibly pure source that only **ROOT** has access to. The NANO-EMULSIFICATION of **vitamin C** that **Dr. Rahm** is uniquely gifted to create and the purity of the SEA SALTS FOR MINERAL SUPPORT is unlike your cells have ever seen.

## Start slow!

1. The elimination process with **Clean Slate** is a marathon, not a sprint. **Clean Slate** goes cellular. Mitochondrial waste builds up in the cell and hardens the cell membrane. Because of the vitamin C in **Clean Slate**, **Clean Slate** will attach to the vitamin C receptor in the cell allowing access to remove the mitochondrial waste and restore permeability to the cell membrane.
2. The extent of the cellular membrane hardening will dictate how **Clean Slate** first is active with the cell, i.e. having to remove toxic build-up around the cell before permeation is available to the vitamin C receptor. Inflammation of the cell can take time for the body to get a hold of and restore homeostasis. Include the most bioavailable form of silica in the human body with **Clean Slate** (*LABEL READS SILICON DIOXIDE*), your body will have what it needs to assemble regeneration.

**Clean Slate** is a mechanism to clean up the body and remove environmental toxins. As you support the body's detox process and the detox pathways, toxins are eradicated from the body. The body is the genius of God's creation and the miracle.

Below is a handy chart that can be used to build up to a full dose of **Clean Slate**. If fatigue, headaches, or soreness are experienced, lower your dosage to the last comfortable dosage and be sure to stay hydrated.

Detoxing should be passive. Fatigue, headaches, and soreness are a sign that the detox is going too quickly because the extent of the toxic burden is high. Dosage can change from day to day.

## Know your body!

Because our toxic load changes due to exposure, the detox also changes. For example: If you drive behind a diesel truck today, your toxic load of cadmium will be higher on your next dosage of **Clean Slate**. Therefore your body burden is higher and your detox may need to be adjusted with dosage.

Similarly with autoimmune diseases such as Lyme, as **Dr. Rahm** states from her personal journey, the person may need to eventually adjust their way up to a higher dose than the full dose on the bottle.





With aggressive toxic loads and quicker proliferation of some autoimmune diseases, the dosage of **Clean Slate** will need to be adjusted day by day. Some signs of proliferation and needing a higher dose may be extreme fatigue, migraines, and hormone dysregulation.

## SUGGESTIONS FOR DOSING:

(SENSITIVE AND OVERLY BURDENED PERSONS – ALONG WITH CHILDREN – START HERE)

1. Start with 1 drop, in the a.m. in an 8-ounce glass of water, and sip throughout the day
2. Tip: if taking medications, you should check with your doctor or pharmacist for any questions. Many of our community members simply take it 2-3 hours away from medications.
3. A tip we found useful for kids is to take their age, divide by 2. You can work up to this (AS THEIR DETOX ABILITY ALLOWS) but this dose should be given ½ am, ½ pm.
4. Example: A 12 year old would work toward 6 total drops per day. Again, this would be a dose that is “worked up to” and would be 3 drops twice per day.
5. After 3 days, start to decrease the amount of water to 4 ounces staying with the 1 single drop.
6. After another 3 days, try 1 drop under the tongue, 1 time per day, with or without food, your choice (NON-SENSITIVE PERSONS CAN CONSIDER STARTING WITH THIS 1 DROP UNDER THE TONGUE). Then increase to 1 drop, twice per day
7. Then increase to 2 drops twice per day, increasing to 3, etc. working your way up to 10 drops, twice per day as YOU can
8. At this point, it may be a good idea to begin dosing at 3 drops 3 or 4 times per day in contrast to 10 drops twice a day as the label suggests. Increase 1 drop per dosing time if you feel the need to increase or 1 drop per dosing time if you feel the need to decrease
9. If at any point you feel you need to return to the previous dosage, you can and should
10. SWAY TESTING is often something people utilize as a guide. We have a video on this in **The Detox Girls** Facebook group.

11. **Stay Hydrated.** Constipation and Headaches are a lack of hydration
12. When you are comfortable with your **Clean Slate** dosing (YOU DON'T HAVE TO WAIT UNTIL THE FULL DOSE, JUST UNTIL YOU ARE COMFORTABLE WITH HOW YOUR BODY IS ADJUSTING) it is time to add **Restore** or **Zero In**.

Keep reading!

Your body is amazing, it wants to heal!

It will intuitively guide you if you're listening!



**WATCH DR. RAHM ON YOUTUBE: ALL ABOUT CLEAN SLATE**

## RESTORE

**Restore** comes in 15 sachets per box. There are a few different thoughts: Taking it in the morning helps improve energy and concentration. Taking it at night will give a good gut reset while you sleep, after acclimating to restore.



Taking 3 times a day will keep peak plasma levels up and blockades around your cells from fungi, heavy metals, forever chemicals, and such. *More on dosing below.* You have to restore the body during detox.

**Start slow**, the body has to get used to something this powerful. **Restore** helps equalize the equilibrium in the body, heart, GI, vagus nerve, and brain function. Sometimes when the body is regulating one can experience a little off-kilter feeling while the body is adjusting to the power of Restore. The ingredients in **Restore** have

been used around the world for situations such as CANCER, EPILEPSY, DEMENTIA, ASD, ALS, ALZHEIMER'S INFLAMMATION, BLOOD PRESSURE, MYOCARDIAL FUNCTION, DEPRESSION, ANXIETY, WEIGHT CONTROL, FUNGI, PARASITES, STAPH AUREUS, SPIROCHETES (LYME), but **Restore** includes the only time the ingredients are created together to work together in the body with this potency, outcomes, and abilities.

**Restore** the body back to what it originally should be!

### DOSING:

1. Begin with 1 tsp in the morning with food for sensitive stomachs or children
2. After 3 days to a week, move to 1 tsp morning and evening
3. After 3 days to a week, you can increase to 1 tsp 3 times per day



4. There may be more than 3 tsp in the sachet, so consider 1/3 of a sachet compared to measuring 1 tsp
5. Kids can stay at a low dose or be moved up at the parent's discretion
6. Some need more than 1 sachet a day, you can work up to 1 full sachet 2 or 3 times per day if you would like



**WATCH DR. RAHM ON YOUTUBE: ALL ABOUT RESTORE**



## ZERO IN

Okay, so now you are taking **Clean Slate** AND **Restore**, what's next? **Zero In**!

**Zero In** is a blend of Turmeric curcumin, Vitamin D, Amino Acids, pine bark



extract, and velvet bean seed, and does have some anhydrous caffeine. It is not problem for all, however, *if you are 'caffeine sensitive' then GO SLOW* and start low, this allows you to see how your body handles **Zero In**.

As you start to assist the body and the systems awaken, you may notice that a slow start is the way to go. You can then build up as your body gets used to the greatness it is receiving.

**Zero in** was created for hormone and neurological support. This support increases the body's natural ability to

create greatness within the GUT, LIVER, KIDNEYS, HEART, BRAIN, and MUSCLES.

### DOSING:

1. For sensitivities: 1/4 capsule, mixed in food and taken with a morning meal
2. Pediatricians are using **Zero In** with patients as young as 5, at 1/4 capsule. This dose can be used and/or increased at the parent's discretion.
3. After 5-7 days, move to 1/2 capsule if you would like You can move up to 1 full capsule in the morning
4. Add on 1 in the afternoon and/or evening as you feel led Up to 4 times per day as you prefer
5. Taking on an empty stomach will increase the benefits
6. For those adventurous, opening up the capsule and taking sublingual under the tongue. **Note**, this is the most powerful delivery mechanism and is not advised for sensitivities but is great for athletes

7. If you can not swallow a pill, no worries. Simply open the capsule and put in a little bit of food
8. This is adaptogenic, so the intent is everything. Need Energy& Focus? YES!! Need a calm mind to sleep? YES to that too!!
9. Great for focus at school or work, energy, cognitive support, and sports performance.
10. For those with ADHD, Autism, Alzheimer's, Dementia, and Parkinson's
11. **Zero-In's** ingredients are studied to be highly effective.



**WATCH DR. RAHM ON YOUTUBE: ALL ABOUT ZERO-IN**

## THE TRINITY AND THE TRINITY PLUS

**Clean Slate, Restore,** and **Zero In** make up the **Trinity Trio!** This synergistic trio works together to assist the body in eradicating toxins, lowering inflammation, increasing nutrient absorption, restoring the gut microbiome, supporting a healthy immune system, and providing energy and cognitive function. It is a multi-faceted approach to supporting the entire organ system!!



### DOSING:

1. As each product dosing is listed on the pages after this, you are now ready to utilize the whole Trinity!
2. The Trinity can be taken all at once or separated as needed depending on how your schedule is and/or the amount of each you feel you need.
3. It is often easiest to take all 3 Mornings, Afternoons, and Evenings each as needed.

### The Trinity Pack includes:

- 1 bottle of Clean Slate
- 1 box of 15 Restore sachets
- 1 box of 60 Zero In capsules

### The Trinity Pack Plus includes:

- 1 bottle of Clean Slate
- 2 boxes of 15 Restore sachets (30 total)
- 1 box of 60 Zero In capsules



The Trinity is OUTSTANDING! If you love the Trinity, then we know that you will love the next few options too.

## RELIVE GREENS

**ReLive Greens** is a powerhouse full of veggies, fruits, fiber, pre & probiotics, and digestive enzymes working in synergy to:



- Replace your multivitamin
- Support healthy metabolism and blood sugar
- Support a strong immune system
- Support gut microbiome and healthy weight
- Increases nutrient absorption

THERE HAS NEVER BEEN A GREENS FORMULATION LIKE THIS! I

f you are currently using a greens product, **put it down** because **ReLive Greens** is here!

Uniquely selected ingredients that no other company can access with genetic tracing back to the parent plant for true purity, not just non-GMO. Designed by the world's leading bio-science engineer for her own cancer to work in your whole body system like nothing else!

Can be used as a meal replacement OR in addition to a meal depending on your needs

### DOSING:

1. 1/3 teaspoon to start, Mix in water or in a smoothie or any liquid
2. Children can take Relive at the dose determined by their parents.
3. Build up to 1 teaspoon or more as needed
4. Dr. Rahm dosed at 1 teaspoon 3 times a day for her cancer





## The Ultimate Greens Supplement For A Healthier Life



**WATCH DR. RAHM ON YOUTUBE: ALL ABOUT RELIVE GREENS**

Want to Regain Your Youth? Check this out below!

## GIVE ME BACK MY YOUTH



**GMBMY** is the only **Collagen** that also includes **Whole Colostrum** and NO fillers. ALL other **Collagens** lack **Colostrum** and include fillers that damage the cells! (IT'S NOT THEIR FAULT, THEY DON'T HAVE A BIO-SCIENCE ENGINEER CREATING THEIR PRODUCTS)

This amazing powder has **patents pending** for reversal of the aging process both inside and out!!

Rest the microbiome of your gut, heart, lungs, and brain with **GMBMY** while lowering your biological age.

**Collagen and Colostrum together** make the powerhouse for the following:

- Strengthening the skin, lung, and gut barriers
- Rebuilding the microbiome
- Fortifies gut health
- Strengthening immunity
- Boosting energy
- Optimizing performance
- Providing natural protein and amino acids
- Activating cellular health to revive the whole immune system
- Providing the primary building blocks in the skin, bones, *tendons*, ligaments, muscles, and blood vessels
- Proudly organic and certified *"animal cruelty-free"*

## DOSING:

1. Start with ½ teaspoon in your coffee, tea, smoothie, or any other drink (**PRO TIP**, A HANDHELD MINI MIXER IS HELPFUL!)
2. Kids can take **GMBMY** at the dosage determined by their parent.
3. Move up to 1 teaspoon or more any time of the day (**PRO TIP**, THE CREAMY VANILLA TASTE MAKES **GMBMY** FABULOUS WITH **RELIVE GREENS**)





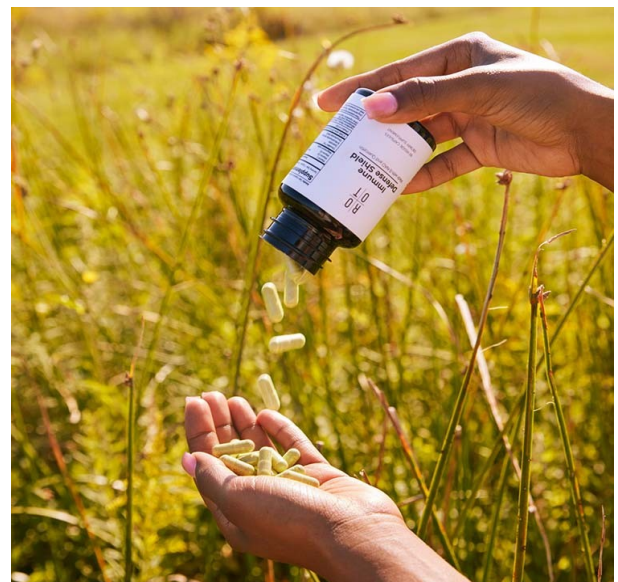
WATCH DR. RAHM ON YOUTUBE: ALL ABOUT GIVE ME BACK MY YOUTH

## IMMUNE DEFENSE SHIELD

**Immune Defense Shield** (IDS) is a synergistic blend of:

- NAD (B-NICOTINAMIDE ADENINE DINUCLEOTIDE)
- Quercetin
- Vitamin C
- Vitamin D
- Vitamin K
- OmniMin™ AC Trace Minerals

This unique blend helps the body maintain DNA integrity and ensure proper cell function while assisting the body to FIGHT THE EFFECTS OF AGING, 5G, and DISEASE.



Stabilize and preserve your DNA! **Immune Defense Shield** is the only NAD that is shelf-stable for 2 years. This has never been done before and only **Dr. Rahm** can go above and beyond in helping humanity achieve their best health.

If the body is under attack, **NAD** stops working. **Immune Defense Shield** solves the problem.

Eradicate PLUS protects and shields the cells from attack. Provide Spikes around the cell to keep out the bad with **Immune Defense Shield!**

## DOSING:

1. Take 1 capsule per day for maintenance
2. In cases of illness or disease, take 1 capsule, twice per day
3. If fighting an acute situation, consider 2 capsules 3 times



**WATCH DR. RAHM ON YOUTUBE: ALL ABOUT GIVE ME BACK MY YOUTH**

Want to naturally put a barrier around the cell and support your health?

Continue!!



## NATURAL BARRIER SUPPORT

**Natural Barrier Support** (NBS) is a blend of Vitamin C, Vitamin D, and Zinc.



- Places a blockade around the cell for protection
- Anti-inflammatory
- Supports healthy cognitive function
- Supports healthy immune function
- Provides cardiovascular support

**NBS** is the most potent VITAMIN C, D, AND ZINC. The vitamin C content alone is the strength of an entire box of liposomal vitamin C. The way NBS was created stands alone to boost the body's

innate abilities.

If you are currently using isolate dosing of these three ingredients, please consider NBS as a replacement for its true effectiveness in the body, and also as a more economical option.

Consider **NBS** as a vitamin C load topically to the skin for a reversal of aging scrub (USE WITH OIL LIKE GRAPESEED OIL) during lymphatic massages OR as a poultice for skin disorder relief.

## DOSING:

**NBS** does not have to be taken daily. Conversely, it can be increased in times of illness

1. 1/3 teaspoon as desired with food to support the body and cells
2. If sick, then small amounts throughout the day are a better way of supporting the body, approximately 1/3 tsp every 3-4 hours as you can
3. If taken daily, it is suggested to take with **Restore** or **ReLive Greens** as the copper in these formulations helps regulate the zinc homeostasis in the cells

**WATCH DR. RAHM ON YOUTUBE: ALL ABOUT NATURAL BARRIER SUPPORT**



## ELLA PURE RENO

**Ella Pure's Reno** is a powerful anti-aging moisturizer! It is designed to visibly lift, firm, and smooth the look of fine lines and wrinkles as well as promote skin cell growth.

Restore the skin to its youthful glory!!

A unique combination of phytoplankton (a highly nutrient-dense organism from the sea) and hyaluronic acid is the foundation of this cream.

- Strengthens skin
- Hydrates
- Stimulates skin cell growth
- Reduces the appearance of fine lines & wrinkles
- Antioxidant
- Improves aging spots
- Only a tiny amount is needed. Ella Pure is available in your Root shop!



Reno is undergoing new packaging and is not available at the moment! Available at the end of the first quarter.

## ERA FACE LIFT



nourishment.

**Era Face Lift** assists the skin in achieving youth-boosting moisture so that the skin is toned, hydrated, and softer. This formulation is specifically targeted to

- Help brighten skin appearance
- Even out your complexion.
- Antioxidant
- A blend of natural fruit extracts, aloe leaves, green & white tea, vitamins, minerals, and amino acids provide hydration and skin

## ENVIREM SKIN DEFENSE

**Envirem Skin Defense** uses a patent-pending, proprietary blend of orthosilicic acid, hypochlorous acid, vitamins, and minerals aimed at guarding your skin against environmental pollutants while positioning itself to deeply nourish and moisturize the skin. This unique spray was developed with the goal of protecting your skin against the dangers of 5G TECHNOLOGY, EMF RADIATION, HEAVY METALS, VIRUSES, BACTERIA, PARASITES, AND FUNGI.



### Benefits may include

- Improvement in skin health, reduction of water loss & increased skin
- hydration
- Improvements in skin conditions and repairing skin damage in humans
- Anti-inflammatory and anti-microbial properties
- Protection against 5g and EMF
- 

\*THE DETOX GIRLS **PRO-TIP:** we spray internally in our mouth, swab our ears and our nose to protect the mucosal entry spots of the body.\

Want to know about the companion to transforming your clothing  
into a blockade like a biological suit?

## ELLA PURE PEPTIDE SKIN CARE PRODUCTS

The newest skin care products in the ROOT Ella Pure Skin Care Line



**1. Ella Pure's Peptide Cleanser** offers a soothing and enriched cleansing experience, utilizing a mix of natural extracts and peptides to help purify the skin.



This groundbreaking approach taken with this cleanser combines both science and nature bringing ingredients like never before.

**2. Ella Pure's Peptide Moisturizer** is a strategically formulated blend of natural oils, botanical extracts, vitamins, and peptides provide a new approach to skin hydration and care. Nourish your skin like never before with this bioscience enriched blend of ingredients.

**3. Ella Pure's Peptide Serum** A carefully crafted combination of amino acids, plant-based extracts, and peptides to support your skin. Utilizing these incredible ingredients, this serum is a perfect addition to complete a balanced skincare routine

## ENVIREMWARE

An innovative spray aimed at keeping your clothes and body safe from environmental pollutants. Naturally formulated with a powerful proprietary blend of SHUNGITE AND ORTHOSILICIC ACID, VITAMIN C, AND DEIONIZED WATER –

**Enviremware** was designed with *patent-pending* technology aimed to protect you from the dangers posed by:

1. 5G technology
2. EMF radiation
3. Pollutants
4. heavy metal
5. Harmful Microbes (Viruses, Bacteria, Parasites and Fungi)





## HOW TO USE

Simply spray your clothing with a few sprays 8 in. from the clothing for a wide girth. Respray after washing.

\*THE DETOX GIRLS **PRO TIP**: hang your clothing inside out so that you can quickly spray the clothing covering sensitive areas of your body for extra protection from cancer-causing chemicals. Merci Dupre Clothing

### Clothing for a Cause!

Emphasizing that protective measures against environmental threats could be seamlessly integrated into our attire, providing a shield for our skin!

Each piece of **MERCI DUPRE CLOTHING** goes through a 96-103 hour process which embeds the **Enviremware** formulation into the clothes fibers themselves. Shield your precious self from the environment with your style!

Each piece of clothing comes with a **free 2oz bottle of Enviremware**. You can keep the clothing in full protection mode by spraying the clothes every 4 washes.

Where are our coffee lovers?? Wait until you see **Rahm Roast!!**

## RAHM ROAST

**Rahm Roast** is an exceptional coffee! This single-sourced coffee bean from Guatemala is also mold & toxin-free. **Dr. Rahm** incorporated her patent-pending proprietary solution to eradicate the harmful toxins that coffee is known to have.

- Roast: Medium.
- Brightness: Balanced.
- Body: Medium
- Flavor: Dark Chocolate, earthy, almond and caramel.
- Aroma: Citrus
- 100% Guatemalan
- Altitude: 1,700 m.a.s.l

- Varieties: Arabica
- Species: 100% Guatemalan
- Process: Washing
- Origin: Guatemala huehue
- Region: Huehuetenango

These whole beans are sold in a 3-pack, each 500g bag typically makes 74 cups making each serving only 47 cents! Introduce this coffee to your local small business coffee shop too!

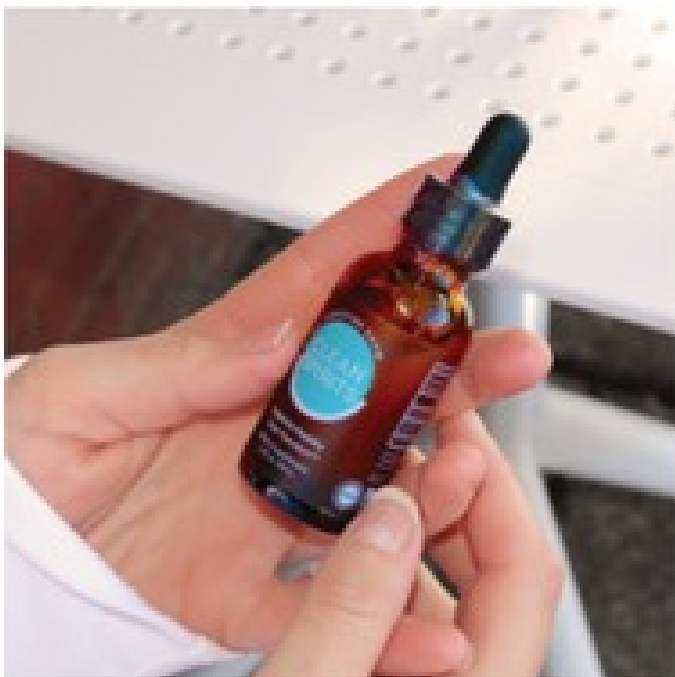


## CLEAN SPIRITS

**Clean Spirits** is a unique formula with a patented design aimed at supporting overall well-being. It may help with liver health, oxidative stress, and immune

system support by potentially influencing the body's enzyme production related to alcohol metabolism. **Clean Spirits** is a proprietary cleansing formula with a patent-pending design intended to support liver health, help protect against oxidative stress, and support the immune system.

**Clean Spirits** works by stimulating the production of enzymes that break down alcohol in the liver.





This process helps to aid in the removal of harmful substances from the body and CAN AID IN THE IMPROVEMENT OF LIVER FUNCTION.

**Clean Spirits** supports a more efficient alcohol metabolism, potentially reducing its impact on your health. Candida can affect the liver similar to alcohol where **Clean Sprits** will be beneficial to the liver even outside of alcohol use. **Clean Slate** is for your overall body and overall health.

**Clean Spirits** is different to create functioning that will improve the level of enzyme development within the body as it pertains to mental, emotional, and spiritual health.

## BENEFITS

- Supports a healthy liver
- Protects against oxidative stress
- Immune System Support
- Stimulates Glutathione Production
- Supports Proper Enzyme Function

"I think this is needed because when you're going through stressful situations in your life, whether it's depression or anxiety or detoxing or going through rehabilitation for drugs and alcohol, whatever the topic is. You've got to get it out of your system. But what people don't understand is when you're going through stressful things, the organs in your body and the different systems in your body hold on to that stress. And then the inflammatory cascade begins and neurotransmitters start having blockades. And the enzymes in the bodies really colligorate around everything so they don't work effectively. And I really needed something that could help."

**-Dr. Christina Rahm**





## DOSING

1. Begin at 1 drop, either morning or night
2. After 3 days, increase to 1 drop twice per day increasing to 3, etc. working your way up slowly, twice per day as YOU can
3. Increase 1 drop per dosing time if you feel the need to increase or -1 drop per dosing time if you feel the need to decrease
4. If at any point you feel you need to return to the previous dosage, you can and should
5. Sway testing is often something people utilize as a guide. We have a video on this in The Detox Girls Facebook group.
6. When you are comfortable with your Clean Spirits dosing (YOU DON'T HAVE TO WAIT UNTIL THE FULL DOSE, JUST UNTIL YOU ARE COMFORTABLE WITH HOW YOUR BODY IS ADJUSTING), you can count 30, 60, or 90-day increments and then you can pulse with a break or continue without
7. Most people need very low doses of **Clean Spirits** in comparison to **Clean Slate**. It is not a competition on matching dosing for dosing.

## BUSINESS

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